Level: master

Course title: Chromatographic Analysis of Food and Supplements (IB-521)

Status: elective

ECTS: 6
Requirements: none

Learning objectives

To provide students with wide knowledge of legislation in the field of food and dietary supplements quality and safety testing, as well as in field of accreditation of testing laboratories. To provide student the skills for indepedent development, adjustment and application of chromatographic methods for analysis of food and dietary supplements. To enable student to critically evaluate testing results and prepare reports on safety and quality of tested samples.

Learning outcomes

After completing the course, student is able to: (1) demonstrate knowledge of current legislation related to food and dietary supplements quality and safety testing, and accreditation of testing laboratories, (2) demostrate the ability to independently plan experiments and apply modern chromatographic methods, (3) independently test food and dietary supplements quality and safety, (4) independently critically evaluate compliance of testing results with legislation and formulate a report.

Syllabus

Theoretical instruction

Quality, authenticity and safety of food and dietary supplements – national and international legislation. Legal requirements for food and dietary supplements testing laboratories: laboratory accreditation. Laboratory techniques in food and dietary supplements testing – sample preparation, HPLC, GC, TLC. Quality, authenticity and safety parameters: natural components (lipids, carbohydrates, vitamins, amino acids, flavors, polyphenols), additives (acidulants, antioxidants, preservatives, sweeteners, bitterants, colors), contaminants (drugs, mycotoxins, packaging components, pesticides, polyamines, PCBs, PAHs, dioxins, natural toxins), active components and impurities in supplements. Reporting on testing results.

Practical instruction

Determination of preservatives in beverages (HPLC). Determination of sugars and hydroxymethylfurfural in honey (HPLC). Determination of vitamin A, carotenes and antioxidants in margarine (HPLC). Determination of fatty acids profile and steroids in fat/oil (GC). Determination of pesticides in vegetables (GC). Authentification of herbal supplements (HPLC, TLC). Determination of caffeine in energy drink (HPLC). Determination of vitamins in vitamin supplement (HPLC).

Weekly teaching load				Other:
Lectures: 3	Exercises: 2	Other forms of teaching:	Student research:	